



Quarterly Update

OUR MISSION

CFSUP aims to:

- Strengthen children and families by providing high-quality programs throughout Michigan's Upper Peninsula.
- Provide programs that preserve the dignity and enhance the well-being of families and their individual members, which are provided in a caring, compassionate and professional manner.
- Nurture and empower children and families for a brighter future.

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2012 Chevrolet Sonic Raffle! • Tickets now available!

As you may have gathered from our cryptic 'teasers' in the previous two newsletters, CFSUP will soon be raffling off a 2012 Chevrolet Sonic.

In partnership with Frei Chevrolet and Radio Eagle, CFSUP will be selling raffle tickets at \$5 for 1 ticket or \$20 for 5 tickets. Tickets are available at CFSUP offices throughout the Upper Peninsula, at Frei Chevrolet in Marquette, and online at www.cfsup.org.

"This is a new fundraiser for us," says CFSUP Development & Communications Coordinator Bobbi Nease. "We have great partners in Frei and Radio Eagle, and we have the potential to raise a lot of money to help support our clients throughout the U.P.—plus someone walks away with a new car or \$14,500 toward a new Chevy product of their choice! We're very excited about this."

The winning ticket will be drawn at the 2012 Marquette West Rotary Seafood Fest at Mattson Lower Harbor Park on Saturday, August 25, 2012. You need not be present to win.

For more information, or to buy tickets, visit www.cfsup.org or contact Bobbi Nease at (906) 228-4050 x 112 or bnease@cfsup.org.



Above: A Chevy Sonic. Photo courtesy of Frei Chevrolet.
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"Why I Serve" • CFSUP Board Member Pam Grundstrom

For CFSUP Board Member Pam Grundstrom, what started as a family tradition became personal motivation to help those around her.

"I came to CFSUP as sort of a legacy—my mother-in-law, Virginia Grundstrom, was a board member for years and holds emeritus status. That was my main tie to the agency, and at that point I didn't know much about it. But once I learned about what the agency offers the families of the U.P., it grew personally important to me."

She says it is specifically the lives of children that motivate her to help out. "Children, they are the innocent ones—they have no control over what happens to them. Child & Family provides help that they need in times of crisis."

As a former Executive Assistant to the President and Secretary to the Board of Trustees

at Northern Michigan University, Pam draws on 30 years experience to offer key skills as CFSUP's Board Secretary, taking minutes at meetings and keeping other board members informed and organized.

But it is apparent to all that Pam's values are what draw her to this cause. "Family is everything," Pam says. "They are my life, my support system—the people who I am closest to on this earth."

Pam says it is the simple things that she enjoys doing with her family. "It's anything from grocery shopping with my husband to spending 2 days a week watching my granddaughter."

"Children are the innocent ones... CFSUP provides the help they need in crisis."

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Snowflake Performance Raises Funds for Homeless Community Members • *One Attendee Says Thank You for Previous Assistance*

On December 28, Gail LaJoie presented an encore performance of his beloved play, Snowflake, a one-man play about a homeless man in Marquette. The proceeds of the event, held at the Kaufman Auditorium in Marquette, were donated to three local agencies to benefit homeless clients. CFSUP, Lutheran Social Services and Room at the Inn each received \$1,700 to help community members who are down on their luck.

Richard Olson, who had at one point in his life been homeless and utilized services from all three agencies, was able to attend the event, helping volunteers out beforehand.

"I was shelled-shocked," Richard says about seeing the play. "I watched intently. It was the first thing I've ever seen like that."

Richard knows first-hand the effect these funds can have on the course of a life. "These programs helped me when nobody else would. Without them, I wouldn't be where I am."

"He used these services as a hand-up, not a hand-out."



Above: Room at the Inn Executive Director Robin Roy, Performer Gail LaJoie, CFSUP's Housing Resource Specialist Amy Peterson, Richard Olson, and Sarah Fogaroli, Welcome Home Case Manager at Lutheran Social Services.

"At CFSUP, our State Emergency Services Grant funds are used to help those who are literally homeless or those being evicted from their home," says Amy Peterson, Housing Resource Specialist.

"We can help with rental arrearages or a security deposit and first months' rent or utility shut-offs. Those simple one-time things can help a family in a tight spot get stabilized so that they can continue to pay their bills on their own. As little as \$300 can really go a long way in smoothing a bump in the road that leads to self-sufficiency."

Amy emphasizes that the program's goal (and the goal of fundraisers like the Snowflake performance) is to provide an opportunity for a brighter future, like in the case of Richard.

"[Richard] used these services as a hand-up, not a hand-out," says Sarah Fogaroli, a Welcome Home Case Manager at Lutheran Social Services.

For more information on CFSUP's Homelessness Prevention Programs, contact Katie Ritzenhein at (906) 228-4050 x 113 or kritzenhein@cfsup.org or visit www.cfsup.org for contract information for your county.

Operation Good Cheer 2011 • *Christmas Spirit By The Numbers*

CFSUP participated in Operation Good Cheer once again this year. Operation Good Cheer, a volunteer-driven Christmas gift-giving program, is sponsored by Child & Family Services of Michigan. It began in 1971 by individuals who felt compelled to make a difference in lives of children who reside in foster care.

Here are the staggering statistics on this great program:

4,589 recipients statewide in 2011. Recipients included infants, children, teenagers and adults with disabilities.

48 agencies received gifts for their clients statewide. Agencies are private, non-profit social service agencies including foster care, residential treatment and group homes.

273 volunteers generously gave their time. These included groups, individuals and organizations.

17 transport companies were used via **17** airports throughout the state.

200 flights were flown by **185** volunteer pilots.

73,000 participants have had their dreams come true at Christmas time since 1971.

For more information on Operation Good Cheer, visit www.cfsm.org/operationgoodcheer.htm.

Interested in receiving this newsletter electronically?

Simply email your request to bnease@cfsup.org.

CFSUP Photo Album •

Right: Staff from Menominee County spread Christmas cheer at the annual staff holiday party. Clockwise from top left: Chasity Hruska, Katie Ritzenheim, Brandee Groleau, Amy Gallardo, Julia Nutter and Missy Landenberger.



Right: Adoption Specialist Terri Brittain and Administrative & Finance Manager Karen Chandler represent CFSUP's United Way affiliation at the 2011 Seafood Fest Chowder Tent.



Above: A group of Eastern Upper Peninsula youth looking for a Positive Youth Development activity decided to join the community in the Walk For Warmth hosted by the Chippewa-Luce-Mackinac Community Action Agency.

"I don't think kids in our area realize how many people need help with things like heat and utilities," said one 17 year old participant. "Doing something like this makes you see that you can make a difference and that we should get involved."

The group showed up bright and early on the day of event to walk with their signs and show support.

Welcome Aboard! • CFSUP Board of Directors Welcomes Three New Members

It's an exciting time for CFSUP, as we add three new members to the now 15-person Board of Directors.

Jeffrey Waeghe is the owner of Skradski-Boyce Funeral Homes in Escanaba. Robert Wood is the owner of Wood Jewelers in Marquette. Rosemary Smith is the National Sales Manager at Radio Eagle, which has stations across central and eastern U.P. and northern lower Michigan.

"We are thrilled with these new additions to our board," says Norma Semashko, CFSUP's Executive Director.

"One of our goals is to have representation from more counties across the U.P., and these members bring that,

plus years of experience and many community connections. We are well aware how lucky we are to have such a diverse, caring board. I think that it is one of our biggest strengths."



Above (L-R): Jeffrey Waeghe, Robert Wood, and Rosemary Smith

“Why I Serve”

Continued on Page 1

It is no surprise that family is so rooted into Pam’s life. The Grundstroms own Frei Chevrolet, a family-run business in Marquette for over 90 years. Her husband Jim, Daughter Jill, 31, son Andy and daughter-in-law Jody, both 26, (who welcomed granddaughter Kennedy in 2010) all work for the business in various ways.

“There is room for everyone to pitch in...”

“What I wish for Child & Family

is continued growth and stability, and a continued ability to serve. For that to happen, it takes effort from within, yes—that of the staff and the board. But it also takes effort from outside of the agency—donors, volunteers and those that we

work with everyday to improve the lives of U.P. residents, like the court systems and other area agencies.

“Businesses are a part of it too—they are citizens just like individuals.” Frei has supported CFSUP in many ways, from sponsoring t-shirts for the Youth Summer Program to sponsoring the upcoming Sonic Car Raffle.

Pam stresses that there is a need for everyone to help, even down to everyone who buys a ticket for CFSUP’s Sonic Raffle. “Our programs provide protection to children in crisis. There is room for everyone to pitch in.”

To purchase raffle tickets, please visit www.cfsup.org.



Above: CFSUP Board Member Pam Grundstrom

Support for Homeless Prevention • Dickinson Area Community Foundation Grants Supports CFSUP

The Dickinson Area Community Foundation recently granted \$900 to CFSUP to support 3-4 families who are at risk of becoming homeless in Dickinson County.

“These funds will be used to help community members who are one utility-shut off notice away from losing their place of residence or those who can afford a monthly rent payment but maybe not a security deposit,” says Bobbi Nease, CFSUP’s Development & Communications Coordinator.

“In times of struggle, relatively small amounts of money—\$200 or \$300 dollars—can mean the difference between having a roof over a family’s head or not. We’re so thankful that the Dickinson Area Community Foundation recognized this need in their community and chose to support these families on their way to self-sufficiency.”

For more information on this grant and other homeless prevention programs at CFSUP, please contact Katie Ritzenhein, Contracts & Program Manager at (906) 228-4050 x 113.

Welcome New Employees • We’re Lucky To Have You!

Jennifer Blank joined CFSUP as the Iron County Family Support Worker in November 2011. Prior to CFS, Jennifer worked with family and juvenile justice in Iron County, as well as alongside the Victim Rights Coordinator in the Iron County Prosecuting Attorney’s Office. Certified by the Michigan Bureau of Family and Juvenile Justice in Court Worker Training Skills, Jennifer received her Bachelor’s degree in criminal justice from Michigan State University.

Amy Gallardo joined CFSUP in December 2011 as the Educational Support Specialist, a new collaboration between Menominee Area Public Schools and CFSUP. Born in Marinette, WI, Amy first attended UW Marinette, where she earned her Associate of Arts and Sciences, and then eventually transferred to and graduated from UW Green Bay with a Bachelor’s in Psychology, with a minor in Human Development. Amy was heavily involved in the juvenile justice system in Menominee and work with ISD, which led to her employment at CFSUP.

Deb Calouette joined

CFSUP in December 2011 as a Peer-to-Peer Recovery Coach. Having graduated from Northern Michigan University with a Bachelor’s degree in Social Work, Deb completed her internship at the Marquette General Hospital Addictions Unit, as well as worked as an addiction counselor at the Great Lakes Recovery Center. Her goal is to provide support and personal experience, helping those in recovery to make significant lifestyle changes.

Cindy Donahue joined CFSUP as the Child Welfare Supervisor in January 2012. Cindy previously worked at CFSUP as a Child Welfare Worker and completed an internship with Wraparound and Child Welfare. For the past five years, Cindy has worked as the Director of Social Services at a skilled nursing facility. Originally from Norway, Cindy holds a Bachelor of Social Work degree from Northern Michigan University. Cindy has also served on the Foster Care Review Board.



Find us on Facebook

From the Executive Director:

Dear Friends,

All it takes is one look at this issue of the newsletter and it becomes apparent how connected we are within the communities we work. For over 90 years, we have worked with local service providers to make sure our families received the best services possible, but lately we've made great strides in connecting to local organizations, businesses and individual community members about our mission, passion and outcomes.

At CFSUP, we don't just aim to implement great programs, we aim to *connect* them with advocacy in the 15 U.P. counties. Our goal is to connect with others outside the agency who are passionate champions of the work we do. By collaborating with others (like the new Menominee Educational Support Program), by networking with other nonprofits (via the Lake Superior Community Partnership and Great Lakes Center for Youth Development), and by recruiting quality board members (see Page 3), we are growing stronger each day.

Every child has the right to thrive, to be treated with dignity, and to live in a safe, loving environment. Every child deserves a fighting chance. Thank you for helping us make this happen.

I urge you to consider visiting www.cfsup.org and purchasing a raffle ticket, or bringing your family out to visit with us at one of the events listed below. We're in this together.

Sincerely,



Member Agency



Executive Director
Norma Semashko

Board of Directors

Julie Frazier

President

Joan Miller

1st Vice President

Anne Rydholm

2nd Vice President

Doug Morton

Treasurer

Pamalene Grundstrom

Secretary

Thomas Clark

Cathy Crimmins

Al Hendra

Toyo Kaumeheiwa

Mary Knauss

Rick Nebel

Joyce Sauer

Jeffrey Waeghe

Robert Wood

Rosemary Smith

Coming Up This Year! • Where you can find us in 2012...

March 9-11: The U.P. Builder's Show

Come check out the Chevy Sonic in person in Marquette's Superior Dome. You'll be able to buy some raffle tickets or have your child's face painted by our youth program staff.

March 16-18: New Car Show

March 23-25: Boat, Sport and RV Show

We'll be showing off the Chevy Sonic at these March events, both held at Marquette's Superior Dome. You can show your support by visiting our booth and purchasing raffle tickets.

May 14: Pie-in-the-Face Fundraiser voting begins

Once again, we've got some messy fun in store for U.P. celebrities, all in the name of a great cause!

June 11*: CFS Summer Program begins

Another exciting summer for local youth, full of activities, field trips and F-U-N. Information will be dispersed to parents and available on www.cfsup.org in April.

June 23: 3rd Annual Family-Fun Carnival

A day of fun, music, games and good food! Sounds like a perfect day for family fun if you ask us! We've got lots in store, including bounce houses, a dunk tank, face painting, and PRIZES!

August 4: 3rd Annual Family-to-Family ReSale

Details to come on how we're making this fundraiser and community event bigger and better than ever, including a new partnership with Goodwill.

August 24-25: Marquette Rotary West Seafood Fest

We'll be drawing the much-anticipated winner of a 2012 Chevrolet Sonic Raffle. Come visit us for last-minute tickets and a great time at Marquette's Lower Harbor Park.

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Marquette, MI 49855

Phone: (906) 228-4050
Fax: (906) 228-2153
child&family@cfsup.org

*Date is tentative

Child & Family Services of
the Upper Peninsula, Inc.
706 Chippewa Square, Suite 200
Marquette, MI 49855

**Child & Family Services of
the Upper Peninsula, Inc.
Quarterly Update
Winter 2012**

Child & Family Services of the Upper Peninsula, Inc., is a private, non-profit, non-sectarian agency that has been serving Michigan's Upper Peninsula with programs for youth and families for 90 years.

Working collaboratively with the Department of Human Services, community mental health agencies, state and local law enforcement, health departments, substance abuse treatment providers, hospitals, prosecutors, the courts, the school systems, and community members, CFSUP strives to strengthen children and families by providing high-quality social service programs.

\$5 OR 5/\$20

Win a Chevy *Sonic!*

Drawing to be held at the
*2012 Marquette West Rotary
Seafood Fest*
at Mattson Lower Harbor Park on
Saturday, August 25, 2012
at 7:00PM.

Tickets now available at Frei Chevrolet
in Marquette, CFSUP offices U.P.-wide

and online at www.cfsup.org.
*Proceeds support CFSUP in working toward
their mission of strengthening children and
families for a brighter future.*



License #R014514



- Adoption • Before & After School Program • Botvin Lifeskills Training • Centralized Intake Agency • Counseling • Diversion
- Family Support Program • Family Empowerment Program • Foster Care • From Decisions to Actions • Homelessness Central Intake Agency • Homeless Prevention Program • Juvenile Incentive Program • Kinder Club • Menominee Educational Support Program • Peer Recovery Support Services • Project: HOPE Basic Centers East and West • Strengthening Families Program • Supportive Housing for Youth Program • Wraparound •

www.cfsup.org