

Michigan Department of Education  
Child and Adult Care Food Program

*Where Healthy Eating Becomes a Habit*

## Parent Information Sheet

This child care center is a participant in the Child and Adult Care Food Program (CACFP), a United States Department of Agriculture (USDA) program. The CACFP provides cash reimbursement to child care centers for nutritious meals and helps children develop healthy eating habits. The CACFP is administered by the Michigan Department of Education (MDE).

Through the Child and Adult Care Food Program you can be assured that your child is getting balanced, nutritious meals and developing healthy lifelong eating habits. Proper nutrition during the early years ensures fewer physical and educational problems later in life.

As a participant in the CACFP, your child care center receives reimbursement for serving nutritious meals and snacks. Meals and snacks must meet the USDA meal pattern requirements listed below.

<b>Breakfast</b>	<b>Lunch and Supper</b>	<b>Snack</b> (serve 2 from the 4 food groups below)
Milk	Milk	Milk
Fruit, Vegetable, or Juice	2 Fruit/Vegetable servings	Fruit, Vegetable, or Juice
Grain/Bread	Grain/Bread	Grain/Bread
	Meat or Meat Alternate	Meat or Meat Alternate

*Children less than one year old:* Foods in the infant meal pattern vary according to the infant's age. If your child is less than one year old, please request the infant meal pattern requirements from our center.

MDE is required to verify the enrollment, attendance and meals/snacks typically consumed by children while they are in care. MDE staff may contact you regarding your child's participation in our day care center.

If you have any questions about the Child and Adult Care Food Program, please contact:

*Child & Family Services of the U.P., Inc.*  
School Programs  
706 Chippewa Sq. Ste 200  
Marquette, MI 49855  
(906)228-4050 ext. 120

or

Child and Adult Care Food Program  
Michigan Department of Education  
P.O. Box 30008  
Lansing, Michigan 48909  
(517) 373-7391

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